



## **A Little Respect Please**

**TEACHER'S GUIDE**





A Little Respect Please

## TABLE OF CONTENTS

Introduction	3
Learning Objectives	3
Program Summary	4
Send Home Letter	5
Guidelines For Discussion	6
Questions for Discussion	7
Classroom Activity	8
Handouts	9-12
<i>(may be copied for class distribution)</i>	
Script	13-30



A Little Respect Please

## **Introduction**

What is respect? What does respect feel like? How do you show respect? Chelsea talks about respect on her blog. Viewers will learn what respect is and about different ways people disrespect people for their ideas or being different. The program also discusses the concept of respecting rules and the importance of self-respect.

## **Learning Objectives**

- Everybody's different
- It's important to accept and respect people's differences
- Respecting and obeying rules keeps us safe
- Respecting others begins with self-respect



## **Program Summary**

### **A LITTLE RESPECT**

No matter what anyone else does in Kelly's group, it's not good enough for her. She puts down and makes fun of the other student's ideas and work. Finally, the others in the group confront Kelly and tell her it's okay to have a different opinion, but it's not okay to call names and put people down.

### **RESPECT PEOPLE'S DIFFERENCES**

Dave has Celiac disease. When he tells some kids that he can't eat birthday cake because of his medical condition, they begin to make fun of him. The kids learn that it's important to accept and respect people's differences.

### **RESPECT RULES**

While at the amusement park, Eric and Devin disregard the signs and try to sneak ahead of the long lines at the roller coaster. Unfortunately, Eric turns his ankle and gets caught by security. The kids learn the importance of obeying and respecting rules.

### **EVERYONE NEEDS SELF RESPECT**

Josh is upset at himself for allowing Bill and Justin to copy from his math and science tests. He doesn't feel proud of himself about letting others cheat. He decides to do the right thing and stop the cheating and tell the teacher what happened. In the end, Josh feels better about himself and learns about self-respect.



A Little Respect Please

## **Send-Home Letter**

Dear Family Member:

Your child has seen a program called, "A Little Respect Please." Viewers will learn what respect is and about different ways people disrespect people for their ideas or being different. The program also discusses the concept of respecting rules and the importance of self-respect. Using fictionalized stories of four young students dealing with respect, the program teaches students...

- Everybody's different
- It's important to accept and respect people's differences
- Respecting and obeying rules keeps us safe
- Respecting others begins with self-respect

Talk with your child about what he or she learned from the program.

Discuss the definition of respect and how to show respect. Most importantly, set a good example.



A Little Respect Please

## **Guidelines for Group Discussion**

Group discussion is an invaluable way to explore ideas and issues, foster creativity, and build communication and social skills in young students. The following guidelines can help you maintain a "discussion-friendly" classroom:

- **Create a climate of openness and acceptance.** Encourage students to show respect for the opinions of others and model this behavior yourself.
- **Establish ground rules.** Students can participate in formulating the rules for discussion. Rules will vary, but should include some of these general principles: No putdowns, ridicule or sarcasm. Everyone may speak without interruption. Everyone has the right to pass.
- **Guard against inappropriate self-disclosure.** An intense discussion may lead students to reveal inappropriate information about themselves or others. Sensitivity and vigilance can help you head off such revelations.
- **Probe behind the neat and tidy answers.** Children are good at telling adults what they think adults want to hear. To find out what students really think, it is often helpful to prolong discussion time and encourage greater depth. Offer a "What if...?"; bring out issues such as fairness, justice, intent or lack of it, and so on. Children have a remarkable capacity to discern complexities and subtleties, and their discussions can be very rich.



A Little Respect Please

## Questions for Discussion

1. How can you earn respect?
2. What did you do when you were disrespected?
3. What are some ways to show respect?
4. Explain how disrespect can affect relationships.
5. Do you think Kelly was disrespectful to the other kids in her group or was she just expressing her opinion?
6. Why did Josh lose his self-respect? How did he feel about himself? What did he do to get back his self-respect? What would you have done if you were in his situation?
7. Explain the relationship between rules and respect.
8. Why are differences a good thing? How can they make life difficult? Explain.



### Classroom Activity

Distribute Handout #1 to the class before showing the program. Tally their answers below. After viewing the program, distribute another copy of Handout #1 and have the students fill in their answers again. Tally the responses. Compare the answers to see how the students' views changed. Lead a discussion with the class about how and why their opinions changed and what they learned from the program.

Before Viewing		After Viewing
Agree Disagree	Respect can build a healthy relationship.	Agree Disagree
Agree Disagree	Respect is something that is earned.	Agree Disagree
Agree Disagree	Respect begins with self-respect.	Agree Disagree
Agree Disagree	Putting yourself in someone else's shoes and coping with them can build respect.	Agree Disagree
Agree Disagree	Accepting other's differences is a key component in obtaining respect.	Agree Disagree





**Handout #1**

Read each statement below and decide if you agree or disagree. Circle your answer in the left hand column. After viewing the program, read the statements again and circle your answers in the right hand column. Did your answer change? Talk about it.

Before Viewing		After Viewing
Agree    Disagree	Respect can build a healthy relationship.	Agree    Disagree
Agree    Disagree	Respect is something that is earned.	Agree    Disagree
Agree    Disagree	Respect begins with self-respect.	Agree    Disagree
Agree    Disagree	Putting yourself in someone else's shoes and coping with them can build respect.	Agree    Disagree
Agree    Disagree	Accepting other's differences is a key component in obtaining respect.	Agree    Disagree



A Little Respect Please

## Handout #2

Check true if you think the statement is true. Check false if you think the statement is false.

True

False

\_\_\_\_\_

\_\_\_\_\_

1. It is important to accept people's differences.

\_\_\_\_\_

\_\_\_\_\_

2. Obeying rules and respecting them keeps us safe.

\_\_\_\_\_

\_\_\_\_\_

3. Respect does not start with self-respect.

\_\_\_\_\_

\_\_\_\_\_

4. When you gain someone's respect you begin to trust them.

\_\_\_\_\_

\_\_\_\_\_

5. Respect cannot be earned.

\_\_\_\_\_

\_\_\_\_\_

6. Understanding someone's feelings is a stepping stone for respect.

\_\_\_\_\_

\_\_\_\_\_

7. Respect is not necessary for building a friendship.

\_\_\_\_\_

\_\_\_\_\_

8. Disrespect can affect a relationship.



A Little Respect Please

### Handout #3

Make a List of 10 synonyms for the word RESPECT. Discuss and explain why you chose these words.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_



A Little Respect Please

## Handout #4

Short Answer. Write an appropriate answer for the questions listed below.

1. If you are being disrespected, what should you do and how should you handle it?

2. What are some ways to earn respect?

3. How can respect build a healthy relationship?



A Little Respect Please

## **SCRIPT: A LITTLE RESPECT PLEASE**

CHELSEA

Hey guys, what's up? It's Chelsea again webcasting from my dining room.

CHELSEA

Anyway, that's my brother Kevin behind me...

KEVIN

'Sup Chelsea. Hey, I've been looking for this.

CHELSEA

Kevin! That's mine... I was going to upload some new songs later.

KEVIN

Well...too bad. I'm going to Sam's house. Ciao.

CHELSEA

And that was my brother Kevin. The truth is, Kevin doesn't care about anyone but himself. He takes whatever he wants without asking. And he doesn't respect anyone's privacy...especially mine. He just barges in all the time without knocking. I wish he would try to be nice, and a little considerate, and just show me a teensy bit of respect.

Because respect is something everybody wants. Right?

Oh my gosh. Speaking of respect...there's this girl in my class—Kelly. She got put in my group for a project we're doing for Social Studies. Listen to this...

CHELSEA (VO)

Mr. Otori, my teacher, gave our group an assignment about the Great Pyramids in Ancient Egypt. Cool topic. The neat thing is that we could do just about anything we wanted to do. So I thought it would be a good idea to begin by sharing ideas. It makes sense? Right?

CHELSEA

So, does anyone have any ideas?

ROBBIE

What if we built three dioramas that showed the Pyramids in different stages of construction?

KELLY

Yuck! Dioramas are so second grade. That's a dumb idea.

CHELSEA

Kelly!

KELLY

What?



A Little Respect Please

DERICK

What if we built a webpage? It could have a slideshow of pictures.

KELLY

Derick, no one will want to look at a stupid webpage. That's so lame.

DERICK

No it's not.

KELLY

Lame.

DERICK

You are! So?

CHELSEA

Fine. What do YOU want to do, Kelly?

KELLY

I think we should make a bulletin board. It'll have a timeline and lots of pictures. It can be awesome.

CHELSEA

Robbie? Derick? What do you think?

ROBBIE

I guess.



A Little Respect Please

DERICK

I don't know.

ROBBIE, DERICK

Um...whatever.

KELLY

Great. We'll make a bulletin board.

CHELSEA

I couldn't believe it. She didn't care about our ideas or our feelings. She called our ideas dumb and lame. And she wasn't even listening to us. Total disrespect...right? But wait, it got even worse...

ROBBIE

Ok guys, I printed out a bunch of pictures last night that I found on the Internet.

CHELSEA

Nice. Good job Robbie. I wrote up a few paragraphs we can use on the timeline...

KELLY

Wait a minute. These pictures are too small, and I know where to get better ones anyway.

ROBBIE

But those are fine.

KELLY

I don't think so.





A Little Respect Please

ROBBIE

Fine. Do whatever you want.

KELLY

Chelsea, I wrote some stuff for the timeline, too. I don't like the font you used. It's hard to read.

KELLY

Those pictures are crooked.

CHELSEA

That's the way I wanted to do it.

KELLY

No. Not a good idea. It looks sloppy. You need to redo them. And Robbie, those pictures aren't in the right order. Gosh! You guys are like so clueless. I'm going back to the library. Make those changes and I'll be back.

CHELSEA

Are you guys getting sick of Kelly's attitude?

ROBBIE

Yeah. She doesn't listen to us at all. She just puts down all of our ideas.

DERICK

I'm really sick of her calling us stupid.

CHELSEA

I know. She basically took over the whole project and doesn't respect anything we say.



A Little Respect Please

ROBBIE

I think we should say something to her.

DERICK

I think Chelsea should say something to her.

ROBBIE

Good idea.

CHELSEA

No, no, no. We'll all talk to her.

*CHELSEA and boys walks up to KELLY, who is on a computer in the library.*

CHELSEA

Kelly?

KELLY

You guys done with the changes? Do you want me to check it?

CHELSEA

No.

KELLY

Then what?



A Little Respect Please

CHELSEA

Listen, this is supposed to be a group project, and we're supposed to work together on it. Right?

KELLY

Yeah?

CHELSEA

You probably don't realize it but you're being really bossy and making fun of our ideas.

KELLY

I don't think so.

ROBBIE

Well, you've called us "dumb," "lame," "stupid," and "clueless."

DERICK

And nothing is good enough...

KELLY

I'm just trying to help out! I want to get a good grade.

CHELSEA

We do, too... But you keep putting down our ideas.

KELLY

Well, it's my opinion. I can say how I feel.



A Little Respect Please

CHELSEA

Yeah, but how would you feel if we called you lame or dumb? You wouldn't like it. Right?

KELLY

Yeah, I guess not.

CHELSEA

Well, it would be nice if you didn't put us down, because we don't like it either. Just show us a little respect. Okay?

CHELSEA

Here's a good way to tell if you're being respectful. When you're talking to someone, ask yourself, is this how *I* would like someone to talk to *me*? If the answer's yes, you're headed in the right direction. If the answer's no, stop and think, how would I like to be treated?

So, you're probably wondering what happened with Kelly and our Pyramid project. Well...

CHELSEA

The talk with Kelly actually worked! There were no more put downs or name calling. She was still a little bossy, but at least she listened to our ideas. It was a lot more fun, too. Oh, by the way we got a B+.

CHELSEA

So, things worked out in the end.

CHELSEA

Oh, BRB!



A Little Respect Please

CHELSEA

Sorry, it was the mail. Mom, Kevin, Resident... oh la la, this one's for me! An invitation. It's my friend's sleepover party. Speaking of parties... I have to tell you about this birthday party my cousin Mandy went to last weekend. She said things got so weird. It was at her friend's house, and there was this boy there who everyone kept making fun of...

CHELSEA (VO)

I guess it all started when they started passing out the birthday cake.

CHARLOTTE

Here you go, Dave.

DAVE

No thanks.

CHARLOTTE

Don't you like cake?

DAVE

I'm fine.

MANDY

Why aren't you having cake?

DAVE

It's because I can't eat food with glutens in it.



A Little Respect Please

MIKE

What does that mean?

DAVE

I'm allergic to things like cereal and bread, pasta and cake.

MANDY

Oh, I never heard of that before.

DAVE

It's called Celiac disease.

MIKE

You have a disease? Get away.

Everybody run. Dave has a disease!

DAVE

Hey, you can't catch it.

MIKE

Ahhh! Don't touch me. Ahhhh!

DAVE

Hey, stop it.

MIKE

Disease Dave. Get away.



A Little Respect Please

MANDY

Cut it out! You're being stupid.

CHARLOTTE

Hey, what's going on?

ASHLEIGH

Dave has a disease.

CHARLOTTE

What?

DAVE

I just can't eat food with Glutens in it.

MIKE (teasingly)

Dave's disease...no cake please.

CHARLOTTE

Hey Mike, knock it off. No one makes fun of you because you have warts on your hand.

MIKE

Yeah? So?

CHARLOTTE

Well, warts come from a virus. What if we make fun of you?

You wouldn't like it. Dave, I'm sorry. Mike's sorry, too. Right Mike?

MIKE

Yeah. I was just having fun.



A Little Respect Please

CHARLOTTE

Well, it's not fun for Dave.

DAVE

It's okay.

CHELSEA

You know, the point is is that nobody's perfect...and we're all different.

It's important to make sure you respect and accept the things that make people different. Whether you're allergic to cake or peanuts, or you have warts or whatever.

When you accept people's differences, you're respecting people's differences.

CHELSEA

Hi Mandy. Yeah. Movies? I have to ask my mom. Why? Because that's the rule. Yes, I have to ask permission. Okay. I'll call you back. Bye.

Why do people have a hard time following rules? I don't get it. If you follow rules, you don't get in trouble. I know, sometimes rules are a pain; "Don't run," "wait your turn," "please keep your hands and feet in the vehicle at all times,"... but seriously, rules are a part of life. And they're kind of made for a reason...you know...like one time we were at an amusement park waiting in line for a ride...and the line was pretty long.

MANDY

This line is forever! And I'm thirsty.

MANDY

And some cheese fries, too. M-mm, extra cheese?

CHELSEA

Then all of a sudden we saw these kids trying to sneak onto the roller coaster.





A Little Respect Please

DEVIN

Follow me!

ERIK

But the end of the line is that way.

DEVIN

I know, but I don't feel like waiting. This is a short cut. We can sneak right to the front.

ERIK

But the sign says do not enter.

DEVIN

Nobody will even see us. C'mon.

ERIK

Ouch! My ankle!

DEVIN

Are you okay?

ERIK

No! I'm stuck.

CHELSEA (vo)

They were totally busted.



A Little Respect Please

CHELSEA

Mandy and I saw the whole thing happen. They didn't follow or respect the rules—they got in trouble—and they never got on the ride anyway. I don't get it.

CHELSEA

So, rules are made to keep us safe and out of trouble. You don't have to like the rules—but you have to respect them.

Hey! I just got an IM from my friend Josh. He wants to video chat.

CHELSEA

Hey Josh!

JOSH

Hey Chelsea. I was just watching you.

CHELSEA

Cool. Want to be my co-host?

JOSH

Sure.

CHELSEA

Great! Hold on. Let me get you on the screen. So, um, what did you do today?

JOSH

It was a pretty tough day.

CHELSEA

What happened?



## A Little Respect Please

JOSH

Well, it actually started a couple of days ago.

JOSH (VO)

A couple of my friends at school wanted me to let them copy my homework.

BILL

C'mon Josh, we don't want to get in trouble.

JUSTIN

It's just homework. C'mon.

BILL

C'mon before Miss Riley sees us.

JOSH (VO)

Well, I know I shouldn't have...but I let them copy it. They copied down my math homework. All the time, my brain is telling me, this is stupid. You shouldn't be doing this. Don't do this. But...I didn't listen to myself. I'm not proud of myself.

CHELSEA

Well—cheating—it's pretty bad. You have to listen to yourself—and do what's right for you—that's self respect.

JOSH

Yeah, self respect...I didn't feel much of that yesterday.

CHELSEA

What about today?



A Little Respect Please

JOSH

Well, I feel a got a little self respect back today....

CHELSEA

What happened?

JOSH

The same two kids wanted me to let them copy from my science test.

BILL

C'mon. You got to help us.

JASON

You're our friend, right? Then you have to do it.

JOSH (VO)

I told them I was sorry and I just walked away. Then I went to Miss Riley and told her about me letting Justin and Bill copy my homework.

CHELSEA

That took guts.

JOSH

Yeah, but it was the right thing to do. I feel a little better about myself—

CHELSEA

Got a little self-respect back.

JOSH

Exactly.



A Little Respect Please

JOSH

Hey, I go to go!

CHELSEA

Ok, later.

CHELSEA

Having self-respect makes you feel good about yourself! You have to do what's right for you—that's self-respect. Well, I have some homework to do—so I'm going to end my webcast now. But we covered a lot of stuff.

You should always respect people's things, and their privacy.

It's important to respect other people's feelings. Whether it's your friends, family, teachers or classmates. Respecting other people's differences is important. When you accept people's differences, you're respecting people's differences.

Respect for the rules means you follow the rules that are made keep you safe.

And, respect kind of starts with you. It's called self-respect. When you have self-respect you feel good about yourself.

MOM

Chelsea! Did you finish your homework yet?

CHELSEA

Got to go! Thanks for tuning in. See you next time!

END